

Accord client PSY

PREAMBLE

Respect for the person in his or her psychological dimension is an inalienable right. Its recognition is the basis of the action of psychologists.

This code of ethics is intended to serve as a professional rule for men and women who have the title of Psychologist, regardless of their mode of practice and their professional setting, including their teaching and research activities.

Its purpose is above all to protect the public and psychologists against the misuse of psychology and against the use of methods and techniques that wrongly claim to be psychology. The professional organizations that are signatories to this Code shall endeavor to make it known and respected. In this perspective, they provide support and assistance to their members. Psychologists' membership in these organizations implies their commitment to abide by the provisions of the Code.

Article 1

Psychological support is a non-medical health profession

Article 2

Psychology and psychotherapy are sciences that tend to the *harmonious development of the person and the alleviation of psychological and/or physical suffering*.

They are intended for people experiencing psychological, behavioral, relational or psychosomatic difficulties

Article 3

The Psychologist carries out his mission with *strict respect for the dignity and physical and mental integrity of the human person*.

It shall assist in social prevention, the protection of public health and the promotion of autonomy.

He does so with respect, without distinction or influence based on sex, race, religion, colour, language, opinions, social or national origin, membership of a minority, property, birth or any other status.

Article 4

The accompanying Psychologist is only authorized to use this title under the following conditions:

- 1- Have a degree in psychology
- 2- Have followed a process of in-depth work on oneself

Article 5

The psychological support process cannot be initiated until the personal request of the client/patient is formally identified.

The initiative for the first contact is **necessarily the** responsibility of the applicant directly with the Psychologist.

Article 6

The first meeting with the client/patient is (except in very specific situations) free of charge.

During this interview, the Psychologist will assess whether the request for support is justified and whether the Psychologist's knowledge and competence are sufficient.

If the psychologist recognizes the need for psychological support but does not consider it appropriate to accept the applicant for any reason whatsoever, he or she is required to refer the applicant to one or more colleagues.

If the applicant refuses the Psychologist's advice, the latter is not obliged to refer it to another colleague.

During this interview, the Psychologist is required to explain in clear language adapted to the future client/patient the **2** techniques he uses, his curriculum, his training and his theoretical positions.

He determines, in agreement with the client/patient, the rhythm of the sessions as well as the rates he charges.

Article 7

The Psychologist must give the applicant a period of reflection. The client/patient's request for commitment will be made by him/her and this period will be set according to the client/patient's convenience, except in very specific situations. The commitment can be made after a probationary period of several sessions.

Article 8

The Psychologist proposes a protocol. He defines the rules of behavior that he recommends for psychological support.

He informs the client/patient of the requirements he poses.

The Psychologist offers a written or oral contract with short, medium and long-term objectives.

The Psychologist may, when he deems it useful, propose a written contract of non-infringement of his physical and moral integrity.

The contract of objectives ends when it is reached. The support work can then stop or continue with another contract.

Article 9

In the context of psychological support, the rhythm of the sessions may not exceed 2 sessions per week.

The duration of a session may not be less than 20 minutes or exceed 1 hour 30 minutes, except in exceptional cases.

The price of consultations will be set in a fair price that respects the client/patient and the Psychologist.

Article 10

The Psychologist is required to refer the client/patient to a doctor if he detects the likelihood of a physical or overall medical problem.

The qualified psychologist may not prescribe any medication of any type whatsoever (allopathic, homeopathic, Phyto-therapeutic, etc.) unless he or she holds a recognized diploma allowing him or her to practice this science.

In this case, the titles and diplomas entitling the Psychologist to this prescription must be clearly specified on the Psychologist's documents and letterhead.

The Psychologist may not under any circumstances judge, criticize or condemn a medical prescription unless he has authority to do so (e.g. psychiatrist).

Article 11

The accompanying relationship establishes a symbolic space based on intimacy and respectful distance.

The prohibition of violent and/or sexual impulses is the condition for the freedom of expression of the entire person in a situation of accompaniment.

The Psychologist and the client/patient are strictly forbidden to engage in sexual activity, ambiguous touching, and any behavior that may lead to doubts, both within the framework of psychological support and outside psychotherapy.

The Psychologist is the guarantor of these prohibitions.

The Psychologist must adopt an adult position towards his client/patient mainly when psychological games take place.

The Psychologist respects the integrity and health of the client/patient.

It unconditionally respects the authentic experience, values and beliefs of the client/patient with congruence.

The Psychologist is subject to the rule of professional secrecy from the first contact.

Article 12

Business premises must comply with health and safety standards.

Sound isolation should be sufficient to ensure privacy.

Article 13

This Code of Ethics must be given to the future client/patient at the time of the first contact.
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I, the undersigned M..... certifies that they have read the Code of Ethics.

Made in The.....

(Preface the signature with the words "read and approved")

Signature